

## NEW IJDS LUNCH MENU ... from 23 November 2020

THIS IS A 2 WEEK MENU FOR GAN AND KEY STAGE 1

Protein and carb to be plated

No serving at the hatch

*No sausages will be served to Gan and Hachana.*

*No grapes served at all.*

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MENU 1</b>	Fish Fingers Chips Peas Fruit Slices	Chicken Nuggets Rice Baked Beans Vanilla Sponge	Quorn Vegetarian Bolognaise Pasta Sweetcorn Fruit Slices	Homemade Pizza Potato Wedges Carrots Alpro Yogurt	Tuna in Pitta [Gan & Hachana] Vegetarian Hot Dog in Pitta [Aleph & Bet] Cucumber Cookie
<b>MENU 2</b>	Fish Fingers Chips Peas Fresh Fruit	Tuna Pasta Rich Tomato Sauce Sweetcorn Cake	Baked Chicken [Gan & Hachana] Chicken Sausages [Aleph & Bet] Rice Baked Beans Fruit Slices	Beef Bolognaise Pasta Cauliflower Alpro Yogurt	Vegetarian Nuggets in Pitta Cucumber Cookie
<b>SPECIAL DIET</b> Vegetarian Menu 1	Vegetarian Nuggets	Vegetarian Nuggets	Quorn Vegetarian Sauce	Pizza	Egg in Pitta [Gan & Hachana] Vegetarian Hot Dog [Aleph & Bet]
<b>SPECIAL DIET</b> Vegetarian Menu 2	Vegetarian Strip	Egg	Vegetarian Strip	Rich Tomato Sauce	Vegetarian Nuggets