

NEW IJDS LUNCH MENU ... from 05 January 2021

THIS IS A 2 WEEK MENU FOR GAN AND KEY STAGE 1

Protein and carb to be plated

No serving at the hatch

No sausages will be served to Gan and Hachana.

No grapes served at all.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MENU 1	Fish Fingers Chips Peas Fruit Slices	Chicken Nuggets Rice Baked Beans Vanilla Sponge	Quorn Vegetarian Bolognaise Pasta Sweetcorn Fruit Slices	Homemade Pizza Potato Wedges Carrots Alpro Yogurt	Tuna in Pitta [Gan & Hachana] Vegetarian Hot Dog in Pitta [Aleph & Bet] Cucumber Cookie
MENU 2	Fish Fingers Chips Peas Fresh Fruit	Tuna Pasta Rich Tomato Sauce Sweetcorn Cake	Baked Chicken Rice Baked Beans Fruit Slices	Beef Bolognaise Pasta Cauliflower Alpro Yogurt	Vegetarian Nuggets in Pitta Cucumber Cookie
SPECIAL DIET Vegetarian Menu 1	Vegetarian Nuggets	Vegetarian Nuggets	Quorn Vegetarian Sauce	Pizza	Egg in Pitta [Gan & Hachana] Vegetarian Hot Dog [Aleph & Bet]
SPECIAL DIET Vegetarian Menu 2	Vegetarian Strip	Egg	Vegetarian Strip	Rich Tomato Sauce	Vegetarian Nuggets